

THE BEST DEFENSE





1. WAKE UP!

“And this do, knowing the time, that it is already the hour for you to awaken from sleep..” vs. 11



2. CLEAN UP!. Vs. 12b, 13

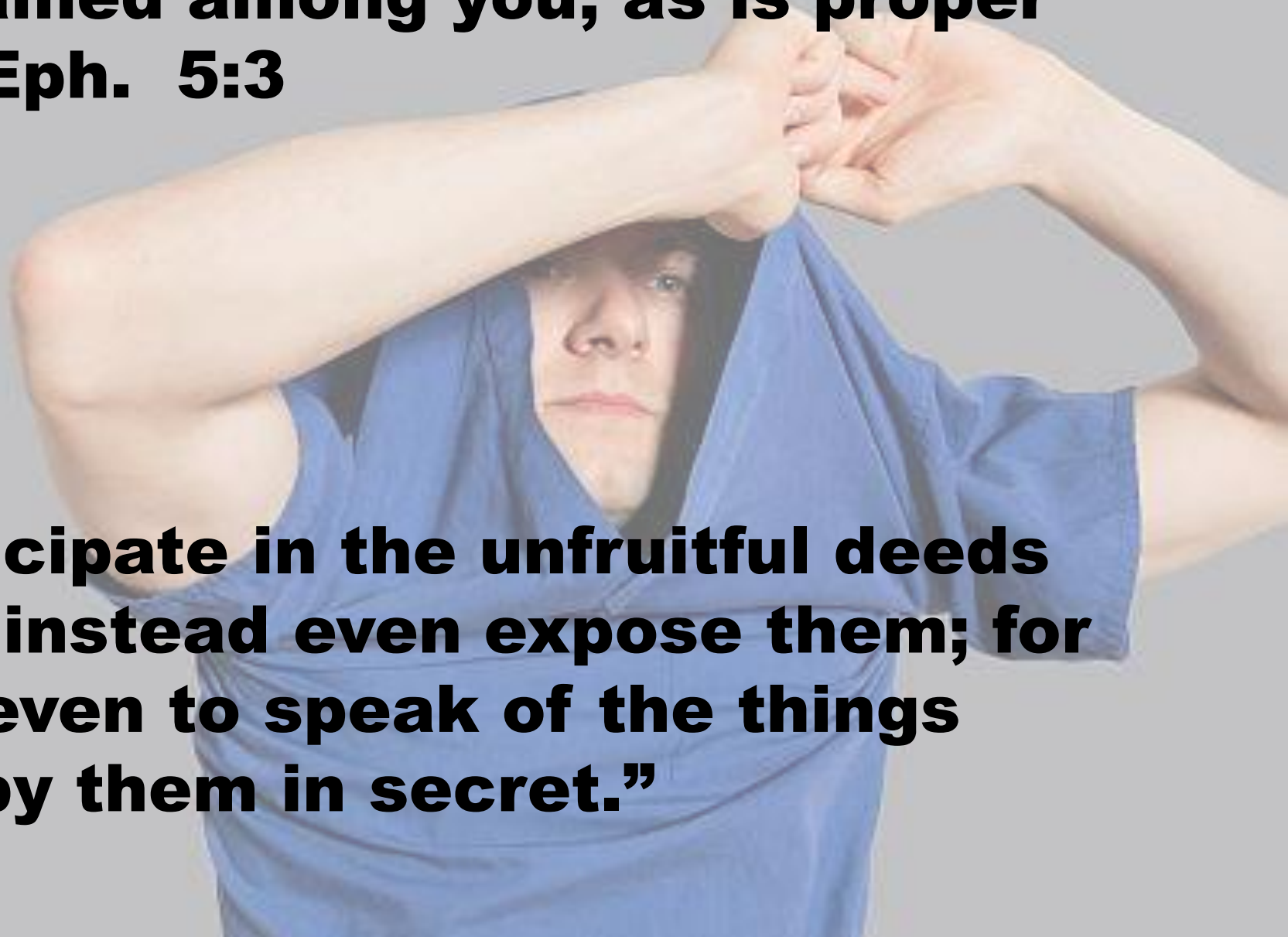
**“The night is almost gone, and the day is at hand.
Let us therefore lay aside the deeds of darkness...”**

**“Let us behave properly as in the day,
not in carousing and drunkenness,
not in sexual promiscuity and sensuality,
not in strife and jealousy.” vs. 13**

**“That in reference to your former manner of
life, you lay aside the old self, which is being
corrupted in accordance with the lusts of
deceit.” Eph. 4:22**

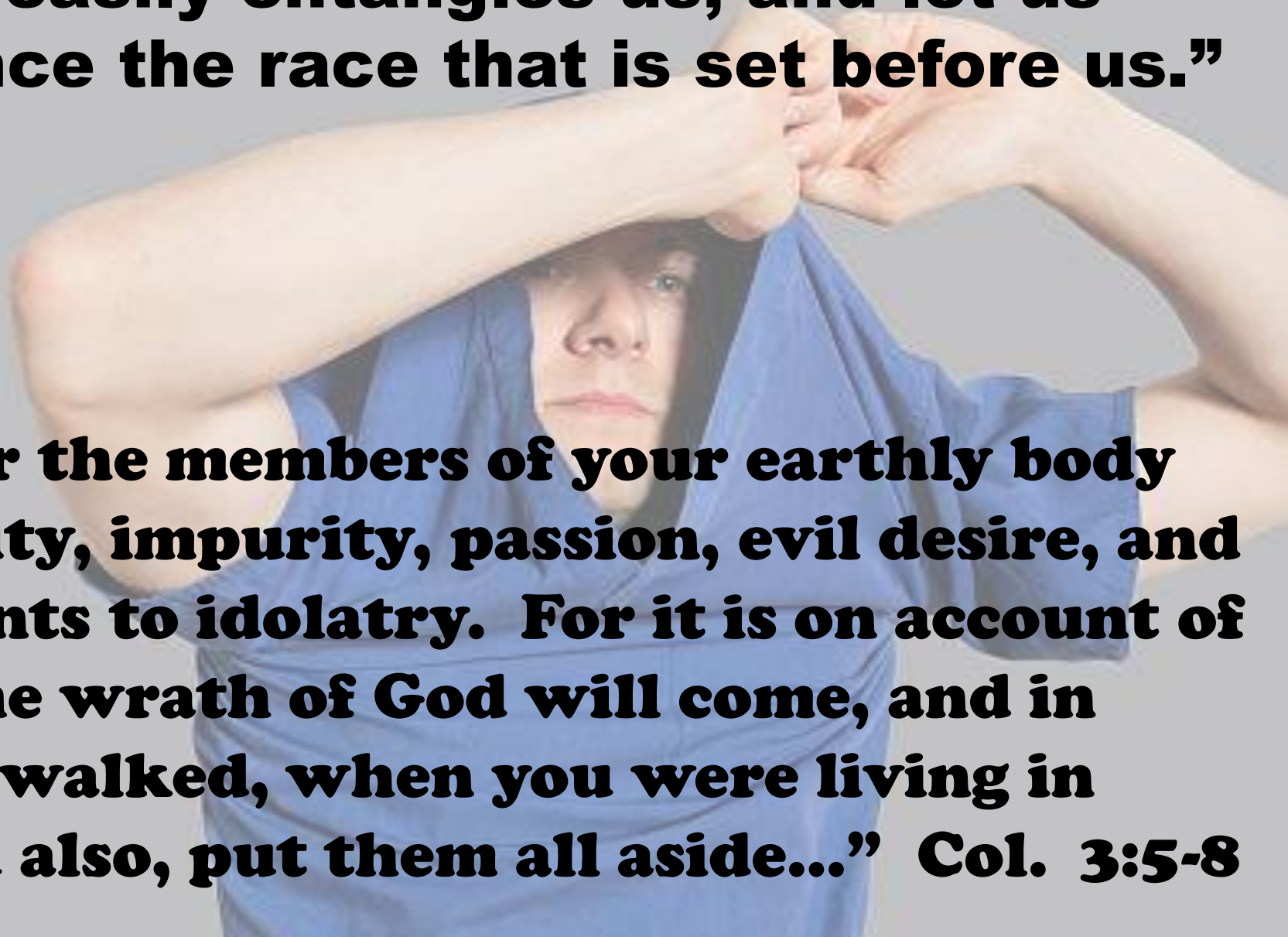
“But do not let immorality or any impurity or greed even be named among you, as is proper among saints.” Eph. 5:3

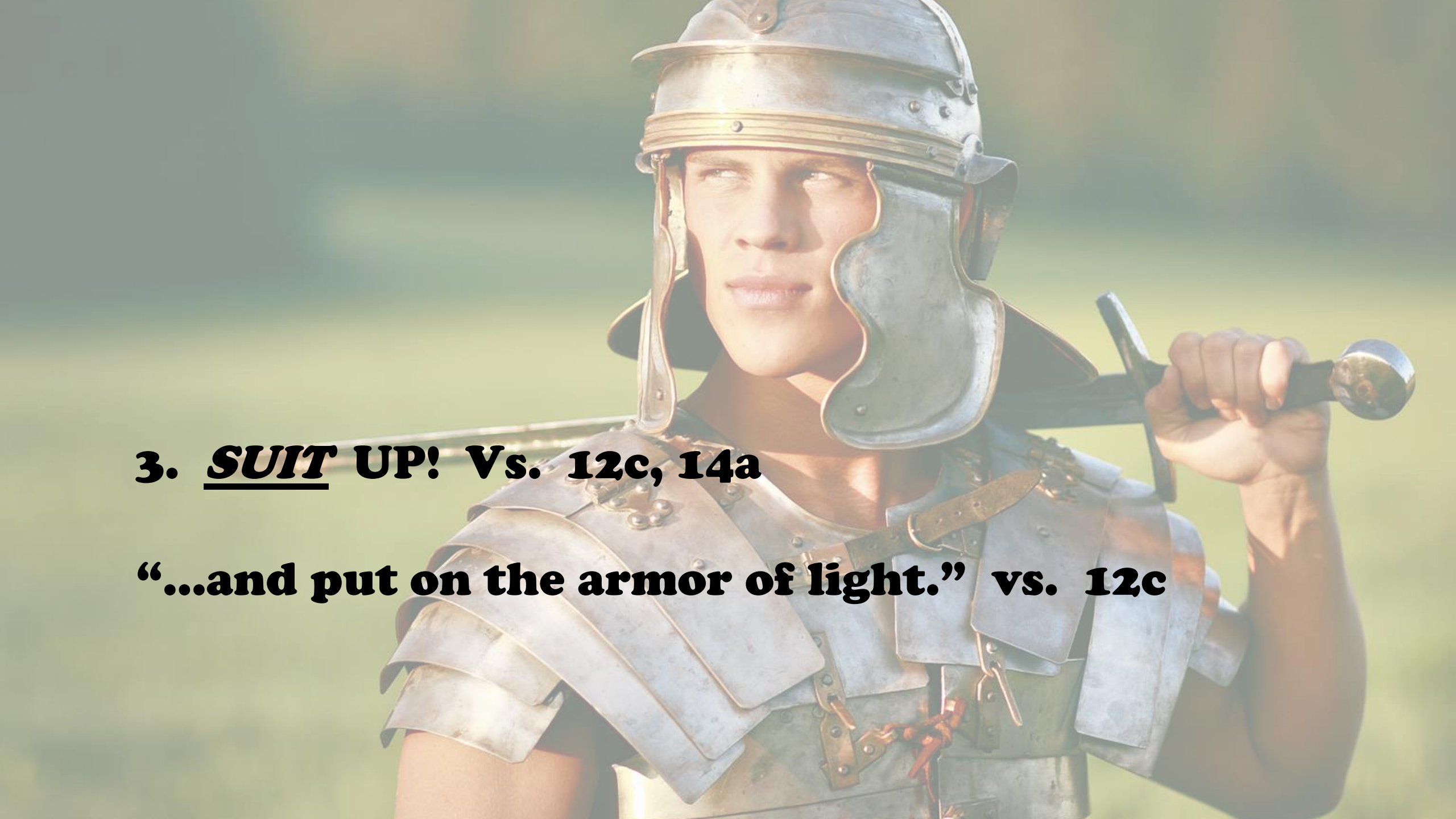
**“And do not participate in the unfruitful deeds of darkness, but instead even expose them; for it is disgraceful even to speak of the things which are done by them in secret.”
Eph. 5:11-12**



**“...let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us.”
Heb. 12:1**

“Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry. For it is on account of these things that the wrath of God will come, and in them you also once walked, when you were living in them. But now you also, put them all aside...” Col. 3:5-8



A man in Roman-style metal armor, including a helmet with a face guard and a sword on his back, is shown in a close-up shot. The background is a soft, out-of-focus green field. The text is overlaid on the left side of the image.

3. SUIT UP! Vs. 12c, 14a

“...and put on the armor of light.” vs. 12c

“...God is light, and in Him there is no darkness at all. If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth; but if we walk in the light as He Himself is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.” 1 John 1:5-7

“But put on the Lord Jesus Christ...” vs. 14a





4. WISE UP!

“...and make no provision for the flesh, in regard to its lusts.” vs. 14

APPLICATION FOR ME:

“And the angel of the Lord appeared to him and said to him, ‘The Lord is with you, O valiant warrior.’”

Judges 6:12

“But you, brethren are not in darkness...for you are all sons of light and sons of day. We are not of night nor of darkness; so then let us not sleep as others do, but let us be alert and sober. For those who sleep do their sleeping at night, and those who get drunk get drunk at night.”

1 Thess. 5:4-7

“Do not participate in the unfruitful deeds of darkness, but instead even expose them.”

Eph. 5:11

“For this reason it says, ‘Awake sleeper, and arise from the dead, and Christ will shine on you.’ Therefore be careful how you walk, not as unwise men, but as wise.” vs. 14-15

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