

A black and white photograph of a hand reaching out and touching a window covered in rain droplets. The window looks out onto a building with several rectangular windows. The overall mood is one of isolation and longing.

ISOLATED?

The First Amendment

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or of the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

“Two are better than one because they have a good return for their labor. For if either of them falls the one will lift up his companion. But woe to the one who falls when there is not another to lift him up. Furthermore, if two lie down together they keep warm, but how can one be warm alone? And if one can overpower him who is alone, two can resist him. A cord of three strands is not quickly torn apart.” Eccles. 4:9-12

1. THE BENEFITS OF ISOLATION.

1 Kings 17:1-16



It may be a time of:

A. Miraculous provision and protection.

B. Acquiring a changed heart.

C. Equipping you for future service.

D. Growing deep in your theology.

E. Growing deeper in your intimacy with the Lord.

2. THE DANGERS OF ISOLATION.

1 Kings 19:1-18



It may lead to:

A. Morbid depression.

B. Self obsession.

“Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself.”

Phil. 2:3

C. Blindness to what the Lord longs to do.

“Now Hazael king of Aram had oppressed Israel all the days of Jehoahaz. But the Lord was gracious to them and had compassion on them and turned to them because of His covenant with Abraham, Isaac, and Jacob, and would not destroy them or cast them from His presence until now.”
2 Kings 13:22-23

“For the Lord saw the bitter suffering of everyone in Israel, and that there was no one in Israel, slave or free, to help them.” 2 Kings 14:26 (NLT

Turn off the news.

Get some exercise.

Remember that you are not alone.

Dig deep in the Word.

Spend extended time in prayer.

**Keep a journal of the miraculous ways that God is
caring for you.**

Write a letter to family or friend.

Learn how to do worship in small groups.

Give.

**Read that missionary biography you've always
wanted to read.**

**Determine that you will jump at the chance to renew
your ministry as soon as the isolation is over.**

A black and white photograph showing a person's hand reaching out and touching a window covered in rain. The window has a grid of panes, and the rain is visible as streaks and droplets on the glass. The hand is positioned on the left side of the frame, with fingers spread against the glass. The background shows the grid of the window panes, some of which are dark, suggesting a view of the outside world.

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